



Community Education

On June 15, 2024, the Rocky Mountain Chapter hosted its inaugural program in Denver, "Navigating Advancing Needs". Attendees heard from Antonia Pusso, MD, a movement disorder specialist and fellow in hospice and palliative medicine at the University of Colorado, a Parkinson's Foundation Center of Excellence. The event had the honor of recognizing Barbara Leffler (pictured above on the right) as the Parkinson's Foundation Volunteer of the Year for the West Region!

Learn More. Live Better. Parkinson's Symposium.

Join us in Salt Lake City, UT on November 2, 2024. Living with Parkinson's can be

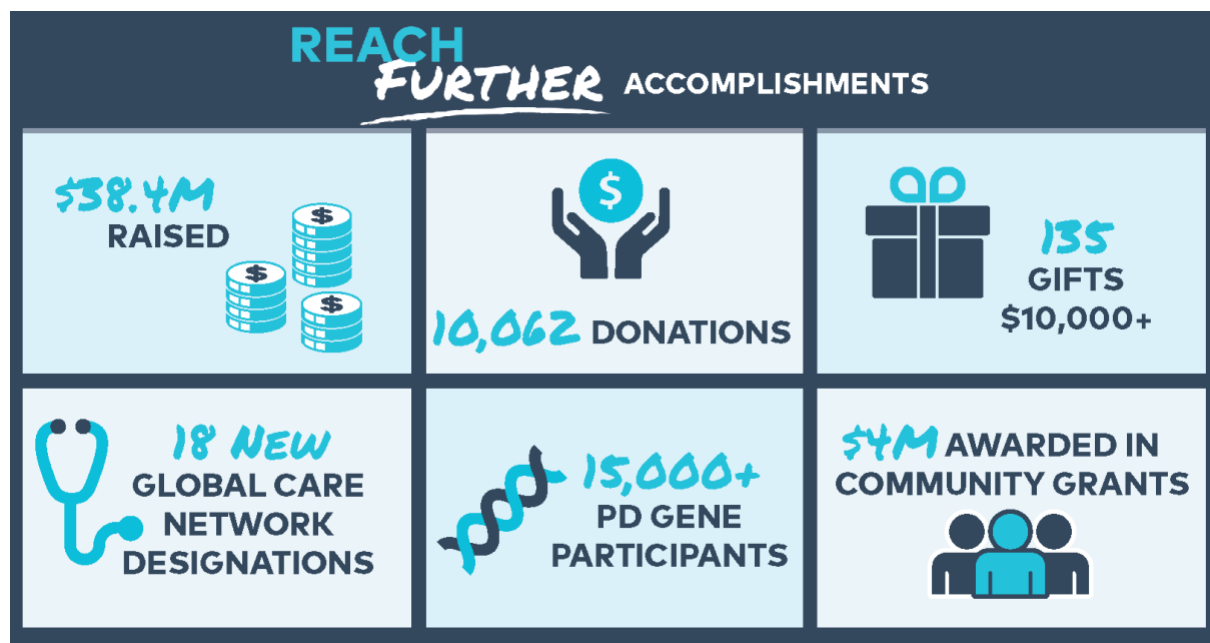
challenging, but there are many things you can do to maintain and improve your quality of life. This program will provide you with information to help you find the balance between a proactive approach and wondering what lies ahead. Learn about how Parkinson's can impact thinking and mood.

Fitness Counts

Save the date! June 14, 2025, the Parkinson's Foundation will be in Denver, CO to explore how exercise can help to improve Parkinson's symptoms and help individuals do the activities they enjoy. Learn about the benefits to movement at all stages of Parkinson's and how it is never too late to start. Email us at rockymountain@parkinson.org to pre-register!

Community Care Expo

Join us for the first ever Community Care Expo in Denver, CO! This event is designed for professionals serving the local Parkinson's community to connect their business with resources for Parkinson's patients and/or residents. Event details and registration will be announced soon! For questions, please reach out to rockymountain@parkinson.org.



Reach Further

We are thrilled to share that thanks to the tremendous support of our donors and the Parkinson's community, our Reach Further fundraising campaign exceeded its goal early.

Your steadfast support has allowed us to invest an additional \$38.4 million to accelerate progress in Parkinson's disease (PD) research, improve care and increase access to quality-of-life programs. [Learn how your support helped impact people with PD.](#)

Gear up for FUNdraising!

Moving Day is more than just a friends and family fundraising walk. It's your chance to speak up about Parkinson's disease and move others to take action. Join us in for a Community Walk in Colorado Springs, CO on September 14!

For more information or questions about Moving Day, email us at rockymountain@parkinson.org!



Volunteers

National Volunteer Awardees

Parkinson's Foundation volunteers help us make a difference in the lives of people with Parkinson's disease (PD). Every year, we celebrate top volunteers with prestigious national awards. Meet our 2024 National Volunteer Awardees and let their empowering stories inspire you.

Paul Orefice Volunteer of the Year– **Dr. Reversa Joseph, Great Lakes Chapter**
Rising Star– **Esther Labib- Kiyarash, Southwest Chapter**
Top Fundraiser– **Roland & Shelley Frankel, Midwest Chapter**
Community Service Award– **Debra Flynn, Florida Chapter**

If you would like to join our volunteers and become a Parkinson's Foundation Ambassador, go to Parkinson.org/Volunteer and sign up for an upcoming orientation:

July 30, 2024, at 10:30 am MT

August 27, 2024, at 10:30 am MT

September 24, 2024, at 10:30 am MT
October 29, 2024 at 10:30 am MT

For more details and questions, please contact volunteer@parkinson.org.



Recursos en español

EP Salud en Casa: Miércoles de Bienestar

Los expertos lo guiarán a través de los temas del Parkinson que a usted más le importan en estos webinars semanales. Para ver los próximos eventos, haga clic [aquí](#).

Si necesita ayuda para inscribirse a un programa o si tiene alguna duda, comuníquese con Jennifer Fearday al (312) 201- 4099 o PDhealth@parkinson.org.

Recursos nuevos en español:

- [7 cosas que deben saber los recién diagnosticados con Parkinson](#)
- [La investigación de modificadores de la enfermedad ofrece posibilidades para la enfermedad de Parkinson](#)
- [Guía para recién diagnosticados](#)
- [El ultrasonido focalizado no invasivo ayuda a aliviar los síntomas del Parkinson](#)

Stay in Touch

Visit Parkinson.org/RockyMountain, contact our professionally staffed Helpline toll-free at 1-800-4PD-INFO (473-4636) or at helpline@parkinson.org, and follow us on Facebook at Facebook.com/PFRockyMountain.

For virtual events online, join us for our weekly “PD Health @ Home” programs, Mindfulness Mondays, Wellness Wednesdays, and Fitness Fridays. To learn more, visit Parkinson.org/PDHealth.

For more information on local events and resources, contact:

RockyMountain@Parkinson.org

**Questions? Call our Helpline:
1-800-4PD-INFO ([473-4636](tel:473-4636))**

