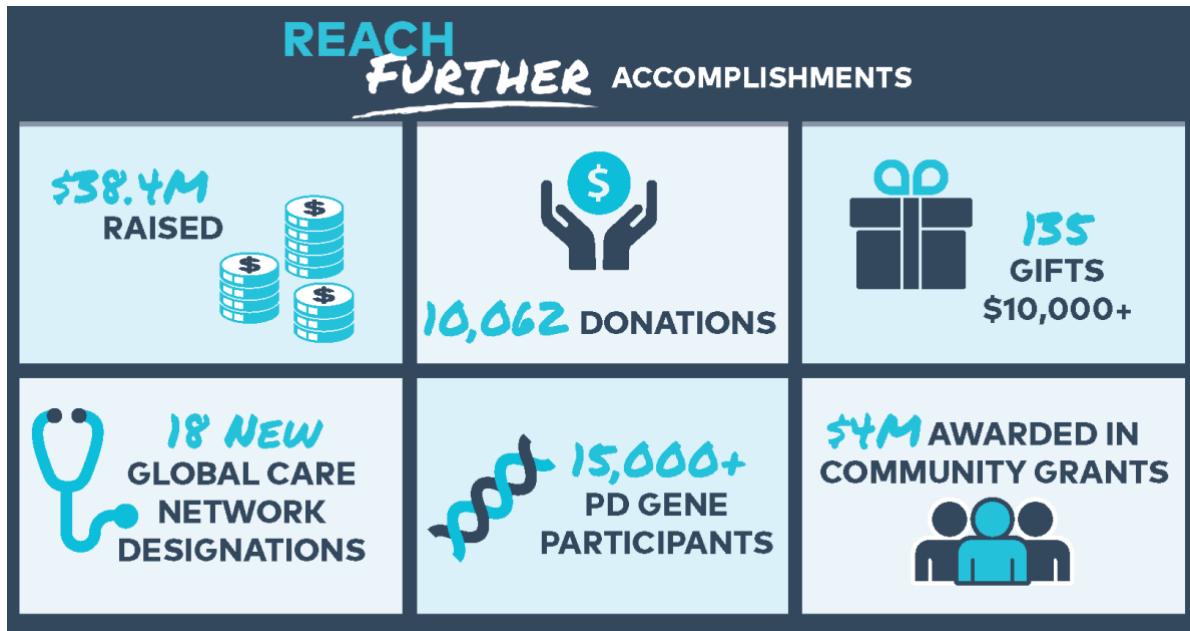




## Community Education

### Pacific Northwest Symposium

The Parkinson's Foundation was honored to meet the Seattle community on May 11, 2024, at the "Pacific Northwest Symposium!" If you missed it, you can view it [here](#) to hear from Dr. Pravin Khemani of Swedish and Dr. Anny Lin and Dr. Benjamin Grannon of UW Health. We're excited to announce that we'll be back in May of 2025! Email us at [pacificnw@parkinson.org](mailto:pacificnw@parkinson.org) to pre-register!



## Reach Further

We are thrilled to share that thanks to the tremendous support of our donors and the Parkinson's community, our [Reach Further](#) fundraising campaign exceeded its goal early.

Your steadfast support has allowed us to invest an additional \$38.4 million to accelerate progress in Parkinson's disease (PD) research, improve care and increase access to quality-of-life programs. [Learn how your support helped impact people with PD.](#)

## Gear up for FUNdraising!

Parkinson's Revolution will take place across the country on Saturday, February 24, 2024! Join us in [Seattle, WA](#), for a high-energy ride that generates funds and awareness for Parkinson's disease.

For more information or questions about Revolution, email us at [glennon@parkinson.org](mailto:glennon@parkinson.org)!

# WE ❤️ Our Volunteers!



## Volunteers

### National Volunteer Awardees

Parkinson's Foundation volunteers help us make a difference in the lives of people with Parkinson's disease (PD). Every year, we celebrate top volunteers with prestigious national awards. Meet our [2024 National Volunteer Awardees](#) and let their empowering stories inspire you.

Paul Oreffice Volunteer of the Year— **Dr. Reversa Joseph, Great Lakes Chapter**

Rising Star— **Esther Labib- Kiyarash, Southwest Chapter**

Top Fundraiser— **Roland & Shelley Frankel, Midwest Chapter**

Community Service Award— **Debra Flynn, Florida Chapter**

If you would like to join our volunteers and become a Parkinson's Foundation Ambassador, go to [Parkinson.org/Volunteer](#) and sign up for an upcoming orientation:

[July 30, 2024, at 9:30 am PT](#)

[August 27, 2024, at 9:30 am PT](#)

[September 24, 2024, at 9:30 am PT](#)

[October 29, 2024 at 9:30 am PT](#)

For more details and questions, please contact [volunteer@parkinson.org](mailto:volunteer@parkinson.org).



## Recursos en español

### EP Salud en Casa: Miércoles de Bienestar

Los expertos lo guiarán a través de los temas del Parkinson que a usted más le importan en estos webinars semanales. Para ver los próximos eventos, haga clic [aquí](#).

Si necesita ayuda para inscribirse a un programa o si tiene alguna duda, comuníquese con Jennifer Fearday al (312) 201- 4099 o [PDhealth@parkinson.org](mailto:PDhealth@parkinson.org).

### Recursos nuevos en español:

- [7 cosas que deben saber los recién diagnosticados con Parkinson](#)
- [La investigación de modificadores de la enfermedad ofrece posibilidades para la enfermedad de Parkinson](#)
- [Guía para recién diagnosticados](#)
- [El ultrasonido focalizado no invasivo ayuda a aliviar los síntomas del Parkinson](#)

### Stay in Touch

Visit [Parkinson.org/PacificNW](http://Parkinson.org/PacificNW), contact our professionally staffed Helpline toll-free at 1-800-4PD-INFO (473-4636) or at [helpline@parkinson.org](mailto:helpline@parkinson.org), and follow us on Facebook at [Facebook.com/PFPacificnorthwest](https://Facebook.com/PFPacificnorthwest).

For virtual events online, join us for our weekly “PD Health @ Home” programs, Mindfulness Mondays, Wellness Wednesdays, and Fitness Fridays. To learn more, visit [Parkinson.org/PDHealth](https://Parkinson.org/PDHealth).

For more information on local events and resources, contact:

**PacificNW@Parkinson.org**

**Questions? Call our Helpline:  
1-800-4PD-INFO (473-4636)**



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