



New Jersey Support Groups

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

**An asterisk denotes a program funded by a [Parkinson's Foundation Community Grant](#).*

<p><u>ONLINE</u></p> <p><u>ATLANTIC COUNTY</u></p> <p><u>BERGEN COUNTY</u></p> <p><u>CAMDEN COUNTY</u></p> <p><u>HUNTERDON COUNTY</u></p>	<p><u>MIDDLESEX COUNTY</u></p> <p><u>MONMOUTH COUNTY</u></p> <p><u>MORRIS COUNTY</u></p> <p><u>OCEAN COUNTY</u></p> <p><u>UNION COUNTY</u></p> <p><u>WARREN COUNTY</u></p>
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If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing NJPA@parkinson.org.

October 2024



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

ONLINE

People with PD and/or their care partners are welcome.

Location: 140 Mountain Ave., Westfield, NJ 07090

Meetings: 2nd Monday of each month from 1:30-3:00 pm in person/virtually (hybrid), and other Mondays of the month via Zoom. *For the virtual only meetings (1st, 3rd, 4th Monday of the month, Jean White, PD fitness instructor at the Westfield Y leads 45 minutes of exercise)*

Contact: Barbara Ringk at 908-403-3129 or barbringk@gmail.com.

ATLANTIC COUNTY

Hunterdon Wellness Center

We invite both patients and caregivers to join us for our support group meetings, where we come together for fellowship, sharing, and valuable information. Our meetings are held in person frequently throughout the year. Be sure to check our website or flyers for future meeting dates. Connect with others who understand the challenges and triumphs of Parkinson's Disease. Our support group is a safe and supportive space to share experiences and learn from one another.

Location: Body In Balance Rehabilitation, 314 Central Ave, Ste 2A, Linwood, NJ 08221

Contact: Link to website [here](#).

BERGEN COUNTY

Cedar Hill Christian Reform Church

Location: 422 Cedar Hill Ave, Wyckoff, NJ 07481

Meetings: 1st Thursday of every month (7 - 8:30 PM); 3rd Thursday of the month ([Jan-Jun and Sep-Nov] 7 - 8:30 PM)]

Contact: Aviva Weldon, LCSW at 201-410-2169 or aweldon@optonline.net; Ron Stack at 845-642-8231 or ron773h@yahoo.com

Ridgewood YMCA

Location: 112 Oak Street, Ridgewood, NJ 07450

Contact: Lorna DeVeaux at ldeveaux@ridgewoodymca.org or 201-444-5600 x 334

The Jewish Home Family Parkinson's Center

At the Jewish Home Family, we have made a commitment to excellence in the care of individuals with Parkinson's disease and created a comprehensive program across all elements of our system, including Jewish Home Assisted Living, the Jewish Home at Rockleigh, the Gallen Medical Adult Day Center and Jewish Home at Home.

Our approach to Parkinson's is personalized for each individual and holistic, addressing the key components of mind, body and spirit. We strive to keep families engaged and educated.

Location: Rockleigh, NJ 07647

Contact: 201-894-1414, Link to website [here](#).



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CAMDEN COUNTY

Katz Jewish Community Center

Location: Cherry Hill, NJ. Meeting in-person

Meetings: 1st Wednesday of the month, 12-2 pm

Contact: Myra Hirschhorn at 609-304-5761 or smhirsch35@comcast.net

HUNTERDON COUNTY

Hunterdon Wellness Center

Care partners welcomed

Location: 1738 Route 31, Clinton, NJ

Meetings: 2nd Friday of the month, 2:30-3:30

Contact: Marcia Guberman at 845-476-1008; Jen Magro at 308-489-3806

MIDDLESEX COUNTY

NJ Neuroscience Institute at JFK Medical Center

Location: 65 James St., Edison, NJ 08820

Contact: Jacqueline Cristini at 848-327-5711 or Jacqueline.cristini@hmn.org; Link to website [here](#).

MONMOUTH COUNTY

Hackensack Meridian Health

Location: 1776 Union Ave, Hazlet, NJ 07730

Meetings: 2nd Tuesday of the month from 2:00 p.m. to 3:00 p.m. Group meets in the Cullen Recreation Center

Contact: 908-902-8643; Link to website [here](#).

MORRIS COUNTY

West Morris Area YMCA Parkinson's Disease Support Group

Support groups can help you cope with the day-to-day realities of having Parkinson's disease or caring for someone with Parkinson's disease. Being part of a support group is a great way to reduce stress and connect with others who can relate to your experience. This FREE group is open to anyone diagnosed with Parkinson's Disease or a caregiver of someone with Parkinson's Disease.

Location: Randolph, NJ 07869

Contact: Carly at carly@wmaymca.org.



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OCEAN COUNTY

Ocean University Medical Center

Location: 1686 Route 88 West, Brick, NJ 08724

Meetings: 3rd Wednesday of the month from 1:00 p.m. to 2:00 p.m. Group meets in the conference room of Outpatient Rehabilitation

Contact: Laura Jelley at 732-853-6478 or laura.jelley@hmnh.org; Link to website [here](#).

Jersey Shore Parkinson's Support Group

Location: Point Pleasant, NJ 08742

Contact: Matt Busacca at Busaccam@gmail.com

UNION COUNTY

The Presbyterian Church in Westfield (in the Parish House)

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Location: 140 Mountain Ave., Westfield, NJ 07090

Meetings: 2nd Monday of each month from 1:30-3:00 pm in person/virtually (hybrid), and other Mondays of the month via Zoom.

Contact: Barbara Ringk at 908-403-3129 or barbringk@gmail.com.

WARREN COUNTY

Hackettstown Medical Center

Care partners welcomed

Location: 651 Willow Grove Street, Hackettstown

Meetings: 3rd Tuesday of the month 3:30-5pm

Contact: Marcia Guberman 845-476-1008