



New England Support Groups

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active.

Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation. This list is not an endorsement or recommendation of a specific resource or service.

[Connecticut](#)

[Maine](#)

[Massachusetts](#)

[New Hampshire](#)

[Rhode Island](#)

[Vermont](#)

CONNECTICUT

If you would like to submit a program for consideration, contact newengland@parkinson.org.

August 2022

Geer Lodge Parkinson's Support Group (updated October 2023)

Support group will be led by an OT. Clinical guest speakers will discuss weekly topics: ADL, medication management, falls prevention, community mobility, downsizing the home and financial planning.

Location: Canaan, CT 06018

Fee: Free

Website: [Click here](#)

For more information, contact Christina Befanis, OTD, OTR/L, LSVT Big at 1-860-824-2660 or cbefanis@geercares.org

American Parkinson Disease Association (APDA):

- [Connecticut Chapter](#)

Parkinson's Support Group (updates May 2024)

Individuals with Parkinson's, their families and caregivers are welcome.

When: Wednesdays | 1:30 - 2:30 pm

Location: Long Ridge Medical Center, Conference room, 260 Long Ridge Road, Stamford, CT

Fee: Free

Website: [Click here](#)

For information, call 203-863-3786. To register by phone, call 888-305-9253.

Shakers Anonymous

Shakers Anonymous is a positive-based support group for those impacted by Parkinson's. We know that every PD journey is unique, but through the collective effort of teamwork, we can share our knowledge and support of one another.

Location: New Cannan, CT 06840- Meeting online

For more information contact Lynn Hagerbrant at 203-253-0002 or info@shakersanonymous.org.

Link to website [here](#).

MAINE

Maine Parkinson's Society: [Maine](#)

Montello Heights Parkinson's Support Group (updated May 2024)

We share helpful information about different issues confronting the PD community. Each person can raise questions or give feedback on what has been working for them

Location: Lewiston, ME 04240

Fee: Free

For more information, contact Lorana Fabrizio at 207-754-8481 or Lorana4@roadrunner.com

Unity Area Parkinson's Support Group (updated October 2023)

For Parkinson's Patients and Caregivers. Come for info, support, encouragement, and helpful tips on living with PD.

Location: Unity, ME

This listing is provided for informational purposes only. Call our Helpline: 1-800-4PD-INFO (473-4636)

August 2022

Fee: Free

For more information, contact Eleanor Bilodeau at 207-948-2437 or dogisland52@gmail.com

MASSACHUSETTS

Virtual Care Partner Support Group (updated October 2023)

The Sleeper Nursing Center MGH Institute of Health Profession is a clinical learning environment for our graduate nursing students. The virtual support group is student led and supervised by licensed faculty. Provides opportunities to share experiences.

Location: Boston, MA 02129 – Meeting online

Fee: Free

For more information, contact Kathy Sabo at 617-643-1127 or ksabo@mghihp.edu.

Link to website [here](#).

American Parkinson Disease Association (APDA): [Massachusetts Chapter](#)

NEW HAMPSHIRE

Dartmouth-Hitchcock: [New Hampshire](#)

RHODE ISLAND

American Parkinson Disease Association (APDA): [Rhode Island Chapter](#)

VERMONT

American Parkinson Disease Association (APDA): [Vermont](#)