

# 2020 Recipients

## Alabama

Painting with Parkinson's, YMCA of South Alabama, Foley, AL  
Contact: Pam Anderson, [panderson@ysal.org](mailto:panderson@ysal.org), [ysal.org](http://ysal.org)

Outside the Pill Box: Integrated Interdisciplinary Allied Care, Huntsville Hospital Foundation, Inc., Huntsville, AL  
Contact: Diane Brown, [diane.brown@hhsys.org](mailto:diane.brown@hhsys.org), [huntsvillehospitalfoundation.org](http://huntsvillehospitalfoundation.org)

## Arkansas

Community Fitness PWR! Moves Program, University of Arkansas for Medical Sciences, Little Rock, AR  
Contact: Chris Oholendt, [ckoholendt@uams.edu](mailto:ckoholendt@uams.edu), [medicine.uams.edu](http://medicine.uams.edu)

## Arizona

Banner Neuro Wellness Early Intervention Program, Banner University Medical Center Tucson, Phoenix, AZ  
Contact: Annette Kluge, [annette.edwards@bannerhealth.com](mailto:annette.edwards@bannerhealth.com), [bannerhealth.com](http://bannerhealth.com)

Parkinson's Awareness Day, Valley of the Sun Jewish Community Center, Scottsdale, AZ  
Contact: Andrea Quen, [andreaq@vosjcc.org](mailto:andreaq@vosjcc.org), [vosjcc.org](http://vosjcc.org)

## California

Rx Ballroom Dance Therapy Program - Dance for Improved Quality of Life!, Rx Ballroom Dance, Ladera Ranch, CA  
Contact: Erin Drake, [info@rxballroomdance.com](mailto:info@rxballroomdance.com), [rxballroomdance.com](http://rxballroomdance.com)

Spread the Word: Mental Health Resources and Outreach to People with Parkinson's Disease, Parkinson's Association of Northern California, Folsom, CA  
Contact: Barbara Fleck, [fleckb@parkinsonsacramento.org](mailto:fleckb@parkinsonsacramento.org), [panctoday.org](http://panctoday.org)

Luchando contra el Parkinson, Juan Carlos Organization, San Diego, CA  
Contact: Lisbeth Garces, [juancarlosorganization@gmail.com](mailto:juancarlosorganization@gmail.com), [jcorp.org](http://jcorp.org)

North State Therapy Choir, Chico, North Valley Community Foundation, Chico, CA  
Contact: Erin Haley, [erin@haleymusictherapy.com](mailto:erin@haleymusictherapy.com), [nvcf.org](http://nvcf.org)

PD Bootcamp: access to specialty care for newly diagnosed and underserved, Re+Active Physical Therapy and Wellness, Torrance, CA  
Contact: Julie Hersberg, [info@re-activept.com](mailto:info@re-activept.com), [reactivept.com](http://reactivept.com)

Expansion of the Parkinson's Exercise Programs in Orange County, CA, Parkinson's Association of Orange, County Irvine, CA

Contact: Kerry Keen, [kerrykeen@pacbell.net](mailto:kerrykeen@pacbell.net), [paocinc.org](http://paocinc.org)

PASB Latino Outreach Program, Parkinson Association of Santa Barbara, Santa Barbara, CA

Contact: Barbara Levi, [bglevi@msn.com](mailto:bglevi@msn.com), [mypasb.org](http://mypasb.org)

Parkinson's Exercise Program 2020 Community Grant, City of Union City - Community & Recreation Services, Union City, CA

Contact: Robert Magbanua, [robertmagbanua@unioncity.org](mailto:robertmagbanua@unioncity.org)

Increasing access to high quality exercise and educational programs for people newly diagnosed with Parkinson's in Orange County, California, Rogue Physical Therapy & Wellness, Inc, Fountain Valley, CA

Contact: Claire McLean, [info@roguept.com](mailto:info@roguept.com), [roguept.com](http://roguept.com)

Long Beach Medical Center's Parkinson's Wellness Program, Memorial Medical Center Foundation, Long Beach, CA

Contact: Jan McQueen, [JMcQueen@memorialcare.org](mailto:JMcQueen@memorialcare.org), [memorialcare.org](http://memorialcare.org)

PD-Connect™ The First BIG Step™, PD-Connect, Corte Madera, CA

Contact: Lisa Oei, [lisa@pd-connect.org](mailto:lisa@pd-connect.org), [pd-connect.org](http://pd-connect.org)

The Time is Now: The Power of Dance, USA Dance Inc, Palmdale, CA

Contact: Lisa Sandoval, [lisadance1@aol.com](mailto:lisadance1@aol.com), [usadance.org](http://usadance.org)

## Colorado

Rural Community Outreach, Parkinson Association of the Rockies, Denver, CO

Contact: Jodi Brown, [jbrown@parkinsonrockies.org](mailto:jbrown@parkinsonrockies.org), [parkinsonrockies.org](http://parkinsonrockies.org)

Parkinson's Pointe Pilot Program, Parkinson's Community Center, Aurora, CO

Contact: Meredith Lo, [meredith@parkinsonspointe.org](mailto:meredith@parkinsonspointe.org), [parkinsonspointe.org](http://parkinsonspointe.org)

## Delaware

Improving Access to Mental Health Care for People with Parkinson's Disease and Caregivers in the State of Delaware, University of Delaware, Newark, DE

Contact: Carolyn Haines, [chains@udel.edu](mailto:chains@udel.edu), [udel.edu](http://udel.edu)

## Florida

Parkinson's Individualized Care Advising and Program Growth and Expansion, Sebring, Highlands County, FL, Neuro Challenge Foundation for Parkinson's, Inc., Sarasota, FL

Contact: Robyn Faucy-Washington, [robyn@neurochallenge.org](mailto:robyn@neurochallenge.org), [neurochallenge.org](http://neurochallenge.org)

Tampa Bay Parkinson's Disease Newly Diagnosed Wellness Initiative, Tampa JCC/Federation Inc., Tampa, FL

Contact: Pnina Levermore, [Pnina.levermore@jewishtampa.com](mailto:Pnina.levermore@jewishtampa.com), [jewishtampa.com](http://jewishtampa.com)

The Park Avenue Project!, St. Augustine Rehabilitation Specialists, St. Augustine, FL

Contact: Melanie Lomaglio, [Melanie@starsrehab.org](mailto:Melanie@starsrehab.org), [starsrehab.org](http://starsrehab.org)

Parkinson's Cycle Program, YMCA of South Palm Beach County, Inc., Boca Raton, FL

Contact: Robin Nierman, [rnierman@ymcaspb.org](mailto:rnierman@ymcaspb.org), [ymcaspb.org](http://ymcaspb.org)

Parkinson's Wellness Program, Memorial Foundation, Inc. of MHS-Hollywood, FL, Hollywood, FL

Contact: Nancy Vidaurre, [nvidaurre@mhs.net](mailto:nvidaurre@mhs.net), [mhs.net](http://mhs.net)

Rock Steady Boxing at the MAR-JCC, Michael-Ann Russell Jewish Community Center, North Miami, FL

Contact: Dany Weil, [RSB@marjcc.org](mailto:RSB@marjcc.org), [marjcc.org](http://marjcc.org)

## Georgia

Singing with Parkinson's: Atlanta's FIRST Parkinson's Choir, The George Center for Music Therapy, Roswell, GA

Contact: Jamie George, [jamie@thegeorgecenter.com](mailto:jamie@thegeorgecenter.com), [thegeorgecenter.com](http://thegeorgecenter.com)

DREAMing Together: A Parkinson Caregiver's Wellness Education and Advocacy Training Program, Emory University, Atlanta, GA

Contact: Madeleine Hackney, [mehackn@emory.edu](mailto:mehackn@emory.edu), [emory.edu](http://emory.edu)

PD Gladiators Exercise Program, YMCA of Metro Atlanta, Atlanta, GA

Contact: Laura Kahn, [lauraka@ymcaatlanta.org](mailto:lauraka@ymcaatlanta.org), [ymcaatlanta.org](http://ymcaatlanta.org)

Community Conversations with Emory Parkinson's Disease Researchers, Emory University, Atlanta, GA

Contact: Thomas Wichmann, [twichma@emory.edu](mailto:twichma@emory.edu), [emory.edu](http://emory.edu)

Boxing Program for Newly Diagnosed, True Beginning Wellness Inc, Jasper, GA

Contact: Katy Baker, [kbaker@ellijay.com](mailto:kbaker@ellijay.com)

## Hawaii

Sing, Play, Move, Connect: Group Music Therapy for the Parkinson's Community, Sounding Joy Music Therapy, Inc., Honolulu, HI

Contact: Maria Guerrero, [sounding@soundingjoymt.org](mailto:sounding@soundingjoymt.org), [soundingjoymt.org](http://soundingjoymt.org)

## Illinois

Interactive Demonstrations, Education, Activities, and Support for Mental Health in PD (IDEAS for Mental Health in PD), Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL

Contact: Jennifer Goldman, [jgoldman02@sralab.org](mailto:jgoldman02@sralab.org), [sralab.org](http://sralab.org)

Multi-Component Tele-Vocational Rehabilitation (tele-VR) Program for Parkinson's Disease, Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL

Contact: Miriam Rafferty, [mrafferty@sralab.org](mailto:mrafferty@sralab.org), [sralab.org](http://sralab.org)

Community-Based Parkinson's Programming - YMCA and Northwestern Medicine Collaboration, YMCA of Northwestern DuPage County, Glen Ellyn, IL

Contact: Katie Sivak, [ksivak@ryallymca.org](mailto:ksivak@ryallymca.org), [brryallymca.org](http://brryallymca.org)

## Iowa

Cedar Rapids Metro Parkinson's Community Grant, Cedar Rapids Metro Parkinson's Association, Cedar Rapids, IA

Contact: Kris Cameron, [kriscameron@crmetroparkinsons.com](mailto:kriscameron@crmetroparkinsons.com), [crmetroparkinsons.com](http://crmetroparkinsons.com)

## Kansas

Movement for Parkinson's, The Jewish Community Center of Greater Kansas City, Overland Park, KS

Contact: Dawn Aronoff, [dawna@thejkc.org](mailto:dawna@thejkc.org), [thejkc.org](http://thejkc.org)

Community choir and online music-based resources for people with Parkinson's and their caregivers, CCRC of Lenexa, Lenexa, KS

Contact: Judy Baxter, [judy.baxter@westchestervillagelenexa.com](mailto:judy.baxter@westchestervillagelenexa.com)

Parkinson's and the Art of Expression, The Parkinson's Exercise and Wellness Center, Overland Park, KS

Contact: Stephanie Goodman, [sgoodman@thepewc.org](mailto:sgoodman@thepewc.org), [thepewc.org](http://thepewc.org)

iCAN with PD: Confidence about Nutrition, Swallowing, Activities of Daily Living and Emotional Wellness with Parkinson's Education Series, Meadowlark Hills Foundation, Manhattan, KS

Contact: Michelle Haub, [mhaub@meadowlark.org](mailto:mhaub@meadowlark.org), [meadowlark.org](http://meadowlark.org)

## Kentucky

Lexington Area Parkinson's Support Group Symposium Expansion, Lexington Area Parkinson Disease Support Group, Inc, Lexington, KY

Contact: Laura Soldato, [laura@parkinsonslexington.com](mailto:laura@parkinsonslexington.com), [parkinsonslexington.com](http://parkinsonslexington.com)

## Louisiana

Metairie Dance for Parkinson's Program, New Orleans Ballet Association, New Orleans, LA  
Contact: Jenny Hamilton, [jhamilton@nobadance.com](mailto:jhamilton@nobadance.com), [nobaevents.com](http://nobaevents.com)

Parkinson Resource Center Dance with Parkinson's Community Program, Louisiana Tech University, Ruston, LA  
Contact: Donna Hood, [dhood@latech.edu](mailto:dhood@latech.edu), <https://ans.latech.edu/research-outreach/parkinsons-resource-center/>

## Massachusetts

Parkinson's Program Expansion, South Shore Young Men's Christian Association, Norwell, MA  
Contact: John Galluzzo, [jgalluzzo@ssymca.org](mailto:jgalluzzo@ssymca.org), [ssymca.org](http://ssymca.org)

SCORE Power Training for Parkinson's Fitness (aka Parkinson's Fitness), SCORE Power Training for Parkinson's Fitness, Salem, MA  
Contact: Linda Hall, [parkinsonsfitness@gmail.com](mailto:parkinsonsfitness@gmail.com)

Goddard House Parkinson's Program, Goddard House Assisted Living, Brookline, MA  
Contact: Christine Nagle, [cnagle@goddardhouse.org](mailto:cnagle@goddardhouse.org), [goddardhouse.org](http://goddardhouse.org)

Nutrition Program for Individuals & Families Affected by Parkinson's Disease, Community Servings, Inc., Jamaica Plain, MA  
Contact: Tobin Scipione, [tscipione@servings.org](mailto:tscipione@servings.org), [servings.org](http://servings.org)

## Maryland

Rock Steady Boxing at the Y, YMCA of Central Maryland, Inc., Baltimore, MD  
Contact: Dana Hotra, [danahotra@ymaryland.org](mailto:danahotra@ymaryland.org), [ymaryland.org](http://ymaryland.org)

## Maine

Improving the Lives of People with Parkinson's Disease through an Evidence-Based Wellness Program, Bangor Young Mens Christian Association, Bangor, ME  
Contact: Marjorie Droppa, [mdroppa@bangory.org](mailto:mdroppa@bangory.org), [bangory.org](http://bangory.org)

Pedaling for Parkinson's, Alford Youth & Community Center, Waterville, ME  
Contact: Crista Lavenson, [clavenson@clubaycc.org](mailto:clavenson@clubaycc.org), [clubaycc.org](http://clubaycc.org)

## Michigan

YMCA of Greater Grand Rapids' Parkinson's Support Program, YMCA of Greater Grand Rapids, Grand Rapids, MI  
Contact: Amanda Ciofu, [aciofu@grymca.org](mailto:aciofu@grymca.org), [grymca.org](http://grymca.org)

Equitable Exercise for People with Parkinson's Disease 2.0, Ascension Genesys Foundation,

Grand Blanc, MI

Contact: Susan Tippett, [susan.tippett@ascension.org](mailto:susan.tippett@ascension.org), [genesyshealthfoundation.org](http://genesyshealthfoundation.org)

## Minnesota

Developing and Delivering a Quarterly Education Workshop: Achieving a Happy and Healthy Life with Parkinson's Disease, Exercisabilities, Inc, Rochester, MN

Contact: Melanie Brennan, [melanie@exercisabilities.org](mailto:melanie@exercisabilities.org), [exercisabilities.org](http://exercisabilities.org)

Expanding the Benefits of Movement to People of Color and Indigenous Peoples with Parkinson's, Element Community Health Fund, Inc DBA: CoMotion: Center for Movement, Saint Paul, MN

Contact: Kim Heikkila, [heik0012@umn.edu](mailto:heik0012@umn.edu)

## Missouri

Art Therapy Program for Parkinson's Disease patients, Saint Luke's Foundation, Kansas City, MO

Contact: Meredith Cantrell, [mecantrell@saintlukeskc.org](mailto:mecantrell@saintlukeskc.org), [saintlukeskc.org](http://saintlukeskc.org)

"Parkinson's Group of the Ozarks Mobilizing Music Program", Parkinson's Group of the Ozarks, Springfield, MO

Contact: Justin Milam, [justin@parkinsonsgroup.org](mailto:justin@parkinsonsgroup.org), [parkinsonsgroup.net](http://parkinsonsgroup.net)

## Mississippi

Parkinson's Wellness, Young Men's Christian Association, Metropolitan Jackson, Flowood, MS

Contact: Renee Maxwell, [healthintervention@metroymcams.org](mailto:healthintervention@metroymcams.org), [metroymcams.org/flowood](http://metroymcams.org/flowood)

Mississippi Gulf Coast YMCA Fitness Class Grant, Mississippi Gulf Coast YMCA, Ocean Springs, MS

Contact: Joey Conwill, [jconwill@mgcymca.org](mailto:jconwill@mgcymca.org), [mgcymca.org](http://mgcymca.org)

## Nevada

Day One - Your Superhero Origin Story - Zoltan Mari - Center for Neurological Restoration, Parkinson's Place Las Vegas, Las Vegas, NV

Contact: Robert Cochrane, [robert@cszlasvegas.com](mailto:robert@cszlasvegas.com), [parkinsonsplacelv.org](http://parkinsonsplacelv.org)

Recalibrate Motor Control Training & PALS, Motorvation Foundation Inc., Las Vegas, NV

Contact: Darbe Schlosser, [darbeschlosser@motorvationusa.com](mailto:darbeschlosser@motorvationusa.com), [motorvationfoundation.org](http://motorvationfoundation.org)

## New Hampshire

Upper Valley Programs for Parkinson's, Upper Valley Programs for Parkinson's, Lebanon, NH

Contact: Rick Dickson, [rick.dickson@joinccbba.org](mailto:rick.dickson@joinccbba.org), [uvparkinsons.org](http://uvparkinsons.org)

## New Jersey

Dance for Parkinson's Classes, Princeton Ballet Society (dba American Repertory Ballet), New Brunswick, NJ

Contact: Rachel Abrams [rabrams@arballet.org](mailto:rabrams@arballet.org), [arballet.org](http://arballet.org)

Parkinson's Connection, Jewish Federation of Southern New Jersey, Cherry Hill, NJ

Contact: Brian Adler [badler@jfedsnj.org](mailto:badler@jfedsnj.org), [jewishsouthjersey.org](http://jewishsouthjersey.org)

Rutgers Dance and Parkinson's Program, Rutgers, The State University of New Jersey, Piscataway, NJ

Contact: Jeff Friedman, [jfdance@mgsa.rutgers.edu](mailto:jfdance@mgsa.rutgers.edu), [rutgers.edu](http://rutgers.edu)

ParkinSINGS Choir for Newly Diagnosed Adults, JFK Medical Center, Edison, NJ

Contact: Deborah Smith, [deborah.smith@hackensackmeridian.org](mailto:deborah.smith@hackensackmeridian.org), [jfkmc.org](http://jfkmc.org)

## New York

Dance for PD, Disalced, Inc., dba Mark Morris Dance Group, Brooklyn, NY

Contact: Michelle Amador [michelle@mmdg.org](mailto:michelle@mmdg.org), [markmorrisdancegroup.org](http://markmorrisdancegroup.org)

Ping Pong Parkinson, PingPongParkinson, Pleasantville, NY

Contact: Nenad Bach, [NenadBach@gmail.com](mailto:NenadBach@gmail.com), [pingpongparkinson.com](http://pingpongparkinson.com)

Movement and Music for Living Well with Parkinson's, Sephardic Community Youth Center, Brooklyn, NY

Contact: Linda Eber, [Linda@scclive.org](mailto:Linda@scclive.org), [scclive.org](http://scclive.org)

Shakespeare For Parkinson's, Rod Rodgers Dance Company, New York, NY

Contact: Nick Filippini, [nfilippini1994@gmail.com](mailto:nfilippini1994@gmail.com), [rodrogersdance.org](http://rodrogersdance.org)

A Community-Based Program for Social Participation and Exercise for Individuals with Parkinson's Disease, Long Island University, Greenvale, NY

Contact: Gemma Moya Gale, [gemma.moya-gale@liu.edu](mailto:gemma.moya-gale@liu.edu), [liu.edu](http://liu.edu)

Stress Management & Resiliency Training Program (SMART-3RP) for Parkinson's Patients & Caregivers, The Research Foundation of SUNY- SUNY at Stony Brook, Stony Brook, NY

Contact: Adam Gonzalez, [adam.gonzalez@stonybrook.edu](mailto:adam.gonzalez@stonybrook.edu), [rfsuny.org](http://rfsuny.org)

Moving Forward Together - An Educational Program for Those Living with Parkinson's Disease & Their Caregivers, Albany Medical College, Albany, NY

Contact: Eric Molho, [molhoe@amc.edu](mailto:molhoe@amc.edu), [amc.edu](http://amc.edu)

Promoting physical activity engagement for people with early stage Parkinson's disease (Engage-PD), Teachers College, Columbia University, New York, NY

Contact: Lori Quinn, [lq2165@tc.columbia.edu](mailto:lq2165@tc.columbia.edu), [columbia.edu](http://columbia.edu)

## North Carolina

Poised for Parkinson's in the Carolinas: A new approach for managing motor and non-motor symptoms of Parkinson's and improving functionality, The Poise Project, Candler, NC  
Contact: Monika Gross, [monika.gross@thepoiseproject.org](mailto:monika.gross@thepoiseproject.org), [thepoiseproject.org](http://thepoiseproject.org)

YMCA Parkinson's Program-- Expansion and Community Outreach, YMCA of Southeastern North Carolina, Wilmington, NC  
Contact: Marjorie Lanier, [marjorie.lanier@ymcasenc.org](mailto:marjorie.lanier@ymcasenc.org), [ymcasenc.org](http://ymcasenc.org)

Parkinson's Movement Initiative at ADF, American Dance Festival, Durham, NC  
Contact: Caitlyn Swett, [caitlyn@americandancefestival.org](mailto:caitlyn@americandancefestival.org), [americandancefestival.org](http://americandancefestival.org)

## North Dakota

Rock Steady Boxing BisMan, Family Wellness Bismarck Mandan LLC, Mandan, ND  
Contact: Taija Bohn, [taija.bohn@familywellnessbisman.org](mailto:taija.bohn@familywellnessbisman.org), [familywellnessbisman.org](http://familywellnessbisman.org)

## Ohio

Ohio State's Comprehensive Community Programming for Individuals with Parkinson's Disease, The Ohio State University, Columbus, OH  
Contact: Jared Braden, [jared.braden@osumc.edu](mailto:jared.braden@osumc.edu), [osu.edu](http://osu.edu)

Mental Health Benefits of Mindful Movement for People with Parkinson's Disease, InMotion, Warrensville Heights, OH  
Contact: Cathe Schwartz, [cschwartz@beinmotion.org](mailto:cschwartz@beinmotion.org), [beinmotion.org](http://beinmotion.org)

## Oklahoma

Stillwater CANe Project (Communication, Arts, Nutrition, Exercise) for Individuals with Parkinson Disease and their Families, Oklahoma State University, Stillwater, OK  
Contact: Sabiha Parveen, [sabiha.parveen@okstate.edu](mailto:sabiha.parveen@okstate.edu), [okstate.edu](http://okstate.edu)

## Pennsylvania

Mindfulness Based Program for Newly Diagnosed Parkinson's Patients, St. Luke's Hospital & Health Network, Bethlehem, PA  
Contact: Nancy Diaz-Pechar, [Nancy.Diaz-Pechar@sluhn.org](mailto:Nancy.Diaz-Pechar@sluhn.org)

Singercise - Therapeutic Singing for those with Parkinson's, Greater Susquehanna Valley YMCA, Sunbury, PA  
Contact: Bonita McDowell, [ymcaexec@ptd.net](mailto:ymcaexec@ptd.net), [gsnymca.org](http://gsnymca.org)



## South Carolina

Cane Bay Family YMCA PWR!, YMCA of Greater Charleston/ Cannon Street YMCA, Summerville, SC

Contact: Jamie Bowman-Carroll, [fitness@ymcagc.org](mailto:fitness@ymcagc.org), [ymcagc.org](http://ymcagc.org)

Education and Exercise Support for Individuals Newly Diagnosed and their Care Partners, South Carolina Research Foundation, Columbia, SC

Contact: Alicia Flach, [adflach@mailbox.sc.edu](mailto:adflach@mailbox.sc.edu), [sc.edu](http://sc.edu)

Empowering Newly Diagnosed Through Education and Reach, Greenville Area Parkinson Society, Greenville, SC

Contact: Kamber Parker, [kamber@gapsonline.org](mailto:kamber@gapsonline.org), [gapsonline.org](http://gapsonline.org)

## South Dakota

YMCA of Rapid City - Parkinson's Disease Program, YMCA of Rapid City, Rapid City, SD

Contact: Alyssa Silko, [alyssas@rcymca.org](mailto:alyssas@rcymca.org), [rcymca.org](http://rcymca.org)

## Tennessee

Rock Steady Boxing Music City and Franklin, Rock Steady Boxing Music City, Franklin, TN

Contact: Colleen Bridges, [nashbridges@comcast.net](mailto:nashbridges@comcast.net), [franklin.rsbaaffiliate.com](http://franklin.rsbaaffiliate.com)

PFP Support Groups and Awareness in Middle Tennessee, Peterson Foundation for Parkinson's,

Nashville, TN

Contact: Ashley Hood, [ajhood22@gmail.com](mailto:ajhood22@gmail.com), [petersonforparkinsons.org](http://petersonforparkinsons.org)

The University of Tennessee Medical Center Annual Parkinson's Symposium, University of Tennessee Medical Center, Knoxville, TN

Contact: Charlotte Sorensen, [csorensen@utmck.edu](mailto:csorensen@utmck.edu), [utmedicalcenter.org](http://utmedicalcenter.org)

## Texas

The MIND Program (Movement Initiative for the Newly Diagnosed), Parkinson's Mind Body Institute, Dallas, TX

Contact: Valerie Johnson, [valerie@balancetherapyllc.com](mailto:valerie@balancetherapyllc.com)

Support for Power for Parkinson's Wellness Programs, Power for Parkinson's, Austin, TX

Contact: Nina Mosier, [nina.mosier@powerforparkinsons.org](mailto:nina.mosier@powerforparkinsons.org), [powerforparkinsons.org](http://powerforparkinsons.org)

Expanding Move. Laugh. Connect. to Inner City Dallas, Dallas Area Parkinsonism Society, Dallas, TX

Contact: Leisha Phipps, [leisha@daps.org](mailto:leisha@daps.org), [daps.us](http://daps.us)

Impact of Community Boxing on Non-Motor Symptoms and Physical Therapy Student Professionalism, UT Southwestern Medical Center, Dallas, TX  
Contact: Staci Shearin, [staci.shearin@utsouthwestern.edu](mailto:staci.shearin@utsouthwestern.edu), [utswmed.org](http://utswmed.org)

## Virginia

The YOPD Wellness Web, DC Metro Charter Chapter, Can't Shake Me, Inc., Leesburg, VA  
Contact: Anna Grill, [agrill@cantshakeme.org](mailto:agrill@cantshakeme.org), [cantshakeme.org](http://cantshakeme.org)

Virginia Commonwealth University and Power Over Parkinson's: Parkinson's Activity League (PAL), VCU-162/162 Virginia Commonwealth University, Richmond, VA  
Contact: Robert Hand, [robert.hand@vcuhealth.org](mailto:robert.hand@vcuhealth.org), [vcu.edu](http://vcu.edu)

## Washington

Swedish Medical Center Living Well with Parkinson's Program, Swedish Medical Center Foundation, Seattle, WA  
Contact: Michelle Scheff, [michelle.scheff@swedish.org](mailto:michelle.scheff@swedish.org), [swedishfoundation.org](http://swedishfoundation.org)

## Wisconsin

Movement & Music, Wisconsin Parkinson Association, Brookfield, WI  
Contact: Gary Garland, [garyg@wiparkinson.org](mailto:garyg@wiparkinson.org), [wiparkinson.org](http://wiparkinson.org)

### Community Outreach Resource Education Grants

In 2020, the Parkinson's Foundation launched the Centers of Excellence Community Outreach Resource Education (CORE) grants to support community-based education and outreach programs that address unmet needs in the Parkinson's community.

[For a full list, please visit CORE Grants.](#)