# Educational Resources



### Helpline

Our Parkinson's disease (PD) information specialists provide up-to-date information about Parkinson's, emotional support and referrals to health professionals and community resources.

Call 1-800-4PD-INFO (473-4636) or email Helpline@Parkinson.org

#### **Publications**

Our well-respected educational book series focuses on critical PD issues. Order a free copy of any publication, ranging from introductory information to in-depth



material on important topics or read them online.

Visit Parkinson.org/Store.

### **Podcast**

Hear directly from Parkinson's experts in our podcast series, Substantial Matters: Life and Science of Parkinson's. Learn



about the treatments and techniques that can help you live a better life now, as well as the research that can bring a better tomorrow.

Visit Parkinson.org/Podcast

## **Expert Briefings**

Participate live or watch an archived *Expert Briefing* webinar to learn more about Parkinson's symptoms, progression, treatments and management.

Visit Parkinson.org/EB

#### Online Education

Parkinson.org is the go-to source for Parkinson's information. Articles, videos, fact sheets and more will help you understand the disease, find resources, connect with providers and get involved with the Parkinson's community.

Visit Parkinson.org

## **Aware in Care Kit**

This kit has tools and information to help a person with Parkinson's get the best possible care



in the hospital, whether it's a planned or emergency visit.

Visit Parkinson.org/AwareinCare

## **Newly Diagnosed Kit**

These understandable and actionable resources have the right level of detail for someone newly diagnosed and their care partner to navigate the diagnosis and connect with the Foundation.

Visit Parkinson.org/NewlyDiagnosed

Explore these resources at Parkinson.org/Library or call 1-800-4PD-INFO (473-4636).

